Cindy Wigg Biography

Dr. Wigg joined the psychiatry faculty at UTMB in 1986. She currently serves as the Training Director for the General Psychiatry Residency Program. She received her medical degree from St. Louis University Medical School and completed her general psychiatry residency and child and adolescent psychiatry fellowship training at the University of Texas Medical Branch in Galveston.

Dr. Wigg’s primarily role in the department is as the Residency program director and as an advisor to medical students interested in Psychiatry as a career. She has been involved in the Physician Healer Track as a faculty since the first class that started in 2013. Clinically, Dr. Wigg has an interest in depression and anxiety and treats patients across the age span, practicing as a Child and Adolescent psychiatrist as well as a General Psychiatrist in the UTMB outpatient clinics.

Dr. Wigg has received department awards for teaching and was awarded the Parker J. Palmer courage to teach award by the ACGME in 2019.