<table>
<thead>
<tr>
<th>#19</th>
<th>THURSDAY</th>
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<tbody>
<tr>
<td>SHP/SON 1.402/1.408</td>
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<tr>
<td>Feb 25th</td>
<td>“Networking for People who Hate Networking”</td>
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<td>12:00 pm - 1:00 pm</td>
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All Postdocs & Students are welcomed
Lunch will be provided.

**Spotlight Speaker**

Tammie Taylor, MLA
Program Manager
Postdoctoral Affairs & Training
UTMB GSBS

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What is networking?
How can I network if I am an introvert?
How can I improve my networking skills?
What are the benefits of networking?

“Students and Fellows will learn about concrete ways to enhance their networking capabilities, using methods accessible to all – even introverts.”